

Standard Institutionally Developed College: N/A

EDGE Compatible: No

Pre-requisites

Program Admission

Co-requisites

Course Description

Introduces the major fields of contemporary psychology. Emphasis is on fundamental principles of psychology as a science. Topics include research design, the organization and operation of the nervous system, sensation and perception, learning and memory, motivation and emotion, thinking and intelligence, lifespan development, personality, psychopathology and interventions, stress and health, and social psychology.

Course Length

	Minutes	Contact Unit
Lecture:	2250	
Lab 2:	0	
Lab 3:	0	
Practicum/Internship:	0	
Clinical:	0	
Total:	2250	3

Semester Credit Hours: 3

Competencies

Order	Description	Lecture	Lab2	Lab3	Practicum/ Internship	Clinical	Total Minutes	Semester Credit Hrs
1	Foundations and Research Methods	180	0	0	0	0	180	0
2	Biological Foundations of Behavior	200	0	0	0	0	200	0
3	Sensation and Perception	180	0	0	0	0	180	0
4	States of Consciousness	145	0	0	0	0	145	0
5	Learning	175	0	0	0	0	175	0
6	Memory	150	0	0	0	0	150	0
7	Cognition and Mental Abilities	150	0	0	0	0	150	0
8	Motivation and Emotion	160	0	0	0	0	160	0

Order	Description	Lecture	Lab2	Lab3	Practicum/ Internship	Clinical	Total Minutes	Semester Credit Hrs
9	Lifespan Development	200	0	0	0	0	200	0
10	Personality	175	0	0	0	0	175	0
11	Psychological Disorders and Treatment	200	0	0	0	0	200	0
12	Stress and Health Psychology	160	0	0	0	0	160	0
13	Social Psychology	175	0	0	0	0	175	0
Totals for Course PSYC 1101 - Introductory Psychology (version 201003):		2250	0	0	0	0	2250	3

Learning Outcomes

Foundations and Research Methods

Order	Description	Learning Domain	Level of Learning
1	Describe the foundations of modern psychology.	Cognitive	Knowledge
2	Identify who psychologists are and what they do.	Cognitive	Knowledge
3	Outline methods of research.	Cognitive	Synthesis
4	Demonstrate critical thinking skills.	Cognitive	Application

Biological Foundations of Behavior

Order	Description	Learning Domain	Level of Learning
1	Describe the structure of neurons and the process of neural transmission.	Cognitive	Comprehension
2	Outline the structure and function of the central nervous system.	Cognitive	Synthesis
3	Outline the structure and function of the peripheral nervous system and endocrine system.	Cognitive	Synthesis
4	Describe the structure and function of the endocrine system.	Cognitive	Comprehension
5	Explain genetic influences on behavior.	Cognitive	Comprehension

Sensation and Perception

Order	Description	Learning	Level of Learning
1	Describe basic concepts related to sensation.	Cognitive	Comprehension
2	Identify the structure and function of the visual, auditory, chemical, skin and other body senses.	Cognitive	Knowledge
3	Describe perceptual organization and the perception of distance, depth, movement and illusions.	Cognitive	Comprehension

States of Consciousness

Order	Description	Learning Domain	Level of Learning
1	Differentiate states of conscious, sleeping, and dreaming.	Cognitive	Analysis
2	Describe sleep disorders.	Cognitive	Comprehension

Order	Description	Learning Domain	Level of Learning
3	Compare and contrast altering consciousness through drug use, meditation, and hypnosis.	Cognitive	Analysis
Learning			
Order	Description	Learning Domain	Level of Learning
1	Differentiate classical conditioning, operant conditioning, and cognitive learning.	Cognitive	Analysis
2	Describe elements of classical conditioning.	Cognitive	Comprehension
3	Demonstrate classical conditioning in human behavior.	Cognitive	Application
4	Describe the elements of operant conditioning.	Cognitive	Comprehension
5	Differentiate principles of reinforcement and punishment.	Cognitive	Analysis
6	Demonstrate operant conditioning in human behavior.	Cognitive	Application
7	Identify the types of cognitive learning and their application to humans.	Cognitive	Knowledge
Memory			
Order	Description	Learning Domain	Level of Learning
1	Describe theories of remembering and forgetting.	Cognitive	Comprehension
2	Compare sensory registers, short-term memory, and long-term memory.	Cognitive	Analysis
3	Identify and practice methods of improving memory.	Cognitive	Application
Cognition and Mental Abilities			
Order	Description	Learning Domain	Level of Learning
1	Describe the building blocks of thought: language, images, and concepts.	Cognitive	Comprehension
2	Apply principles of cognition to strategies for problem-solving and decision-making.	Cognitive	Application
3	Identify the components of language and the stages of language development.	Cognitive	Knowledge
4	Discuss the influences of culture on language and how humans think.	Cognitive	Comprehension
5	Define intelligence and describe how intelligence is measured.	Cognitive	Knowledge
6	Identify gender differences in cognitive abilities.	Cognitive	Knowledge
7	Describe the influences of heredity and environment on intelligence.	Cognitive	Comprehension
Motivation and Emotion			
Order	Description	Learning Domain	Level of Learning
1	Explain the biological and psychological sources of motivation.	Cognitive	Comprehension
2	Contrast the theories of emotion.	Cognitive	Analysis
3	Identify the basic emotions and how they are communicated.	Cognitive	Knowledge
4	Describe emotional intelligence and how to manage emotions.	Cognitive	Comprehension
Lifespan Development			
Order	Description	Learning Domain	Level of Learning
1	Identify the stages of prenatal development and threats to development.	Cognitive	Knowledge

Order	Description	Learning	Level of Learning
2	Describe neurological, physical, psychosocial and sex role development in infancy and childhood.	Cognitive	Comprehension
3	Describe neurological, physical, psychosocial and sex role development in adolescence.	Cognitive	Comprehension
4	Describe neurological, physical, psychosocial and sex role development in adulthood.	Cognitive	Comprehension
5	Describe neurological, physical, psychosocial and sex role development in late adulthood.	Cognitive	Comprehension

Personality

Order	Description	Learning Domain	Level of Learning
1	Explain psychodynamic theories of personality.	Cognitive	Comprehension
2	Describe humanistic theories of personality.	Cognitive	Comprehension
3	Discuss trait theories.	Cognitive	Comprehension
4	Describe social-cognitive theories of personality.	Cognitive	Comprehension
5	Identify methods of personality assessment.	Cognitive	Knowledge

Psychological Disorders and Treatment

Order	Description	Learning Domain	Level of Learning
1	Differentiate abnormal and normal behavior.	Cognitive	Analysis
2	Discuss psychological disorders and models of abnormal behavior.	Cognitive	Comprehension
3	Examine the types, causes and treatment of anxiety disorders.	Cognitive	Analysis
4	Examine the types, causes and treatment of mood disorders.	Cognitive	Analysis
5	Examine the types, causes and treatment of dissociative and somatoform disorders.	Cognitive	Analysis
6	Examine the types, causes and treatment of schizophrenia.	Cognitive	Analysis
7	Examine the types, causes and treatment of sexual and gender identity disorders.	Cognitive	Analysis
8	Examine the types, causes and treatment of anxiety disorders.	Cognitive	Analysis
9	Examine the types, causes and treatment of developmental and cognitive disorders.	Cognitive	Analysis
10	Examine the types, causes and treatment of eating and sleep disorders.	Cognitive	Analysis
11	Examine the types, causes and treatment of personality disorders.	Cognitive	Analysis

Stress and Health Psychology

Order	Description	Learning Domain	Level of Learning
1	Define stress and describe what it does to the body.	Cognitive	Knowledge
2	Identify ways to cope with stress and to stay healthy.	Cognitive	Knowledge
3	Describe psychosocial effects on physical disorders.	Cognitive	Comprehension
4	Describe psychosocial treatment of physical disorders.	Cognitive	Comprehension

Social Psychology

Order	Description	Learning Domain	Level of Learning
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Order	Description	Learning Domain	Level of Learning
1	Describe fundamentals of social cognition.	Cognitive	Comprehension
2	Examine the nature of attitudes, prejudice and discrimination.	Cognitive	Analysis
3	Describe social and cultural influences on behavior, thoughts and emotions.	Cognitive	Comprehension
4	Examine the psychological processes involved in social action.	Cognitive	Analysis

References

Order	Reference Type	Description
1	Book with Author(s) Listed	Benjamin, L. & et al.. (1999). Psychology. (2nd). New York, NY: Macmillan.
2	Book with Author(s) Listed	Carver, C. & Scheier, M.. (2007). Perspectives on personality. (6th). Needham Heights, MA: Allyn & Bacon.
3	Book with Author(s) Listed	Morris, C. & Maisto, A.. (2005). Psychology: An introduction. (12th). Englewood Cliffs, NJ: Prentice Hall.
4	Book with Author(s) Listed	Shaffer, D.. (1998). Social and personality development. (2nd). Pacific Grove, CA: Brooks Cole.
5	Book with Author(s) Listed	Spear, P. & et al.. (1998). Psychology: Perspectives on behavior. (1st). New York, NY: John Wiley & Sons.
6	Book with Author(s) Listed	Stanovich, K.. (1999). How to think straight about psychology. (2nd). Glenview, IL: Scott & Foresman.
7	Book with Author(s) Listed	Verderber, R. & Verderber, K.. (1999). Interact: Using interpersonal communication skills. (5th). Belmont, CA: Wadsworth.